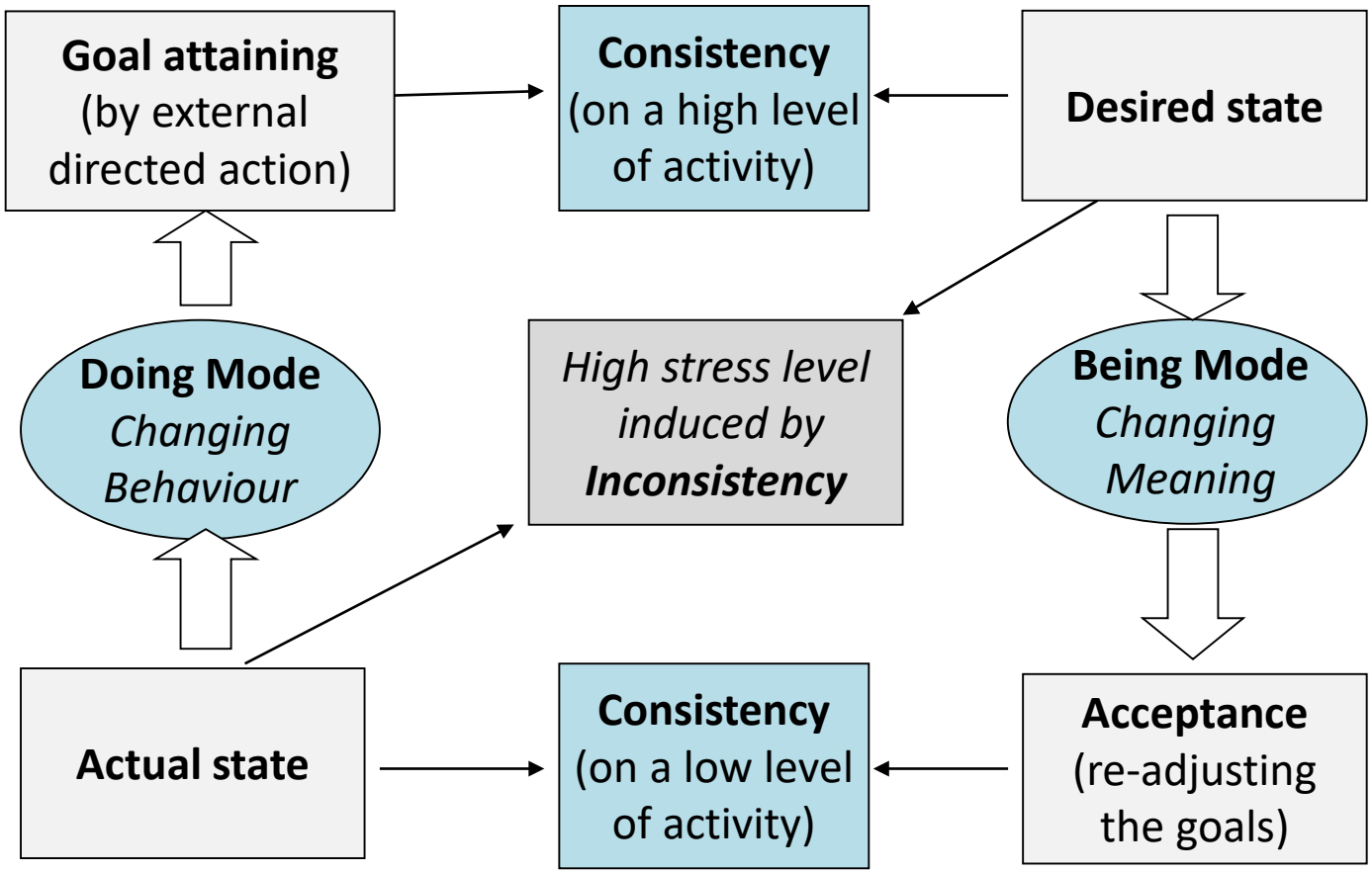
2 ways to Consistency:
Changing the world our yourself

E. Roediger